# **Forgiveness and Action**

People ask why all six main pages of our web site invite people to forgive.

We recognise that on issues revealed on this page that people across Australia are feeling very angry and confused. People express a wide range of feelings including fear, guilt, frustration, resentment, apathy, and doubt. That's a dangerous mix for any community. It can be deadly for individuals' mental, emotional, physical and spiritual health.

These and other feelings reveal people's unmet need for truth, understanding, reassurance, security, confidence, hope, and clarity. And freedom.

The core of our voluntary work is protecting freedom—every person's birthright. Freedom to pursue:

- Physical health and wellness;
- Environmental sustainability and cleanliness;
- Material comfort and economic security on a planet blessed with abundance and peopled with unlimited creativity, ingenuity and initiative:
- Free thought and expression;
- Enjoyable respectful, loving relationships as we choose;
- Family bonds and nurture;
- Lawful and responsible acquisition, use and sharing of property;
- Free association and movement across community, nation and planet;
- Spiritual enlightenment exploring within and outside Self;
- Free expression through work;
- Choice in every aspect of our lives including energy and industry while respecting and being accountable for impact on others;
- Life in accord with values cherished in human hearts and civilisation.

It is the right of all people to freely pursue fulfilment of universal human needs, including freedom.

Fulfilling these needs for freedom is not sufficient for freedom though if we remain hostage to the Human Condition—our ego's value judgments. Understanding this and rising above the ego enables us to be truly free even

when surrounded by turmoil. We can then be free to responsibly and effectively address the greatest moral challenge of our time.

## 1. Ego—relies on separation and can create misery

Humans are blessed with well-developed reasoning. Yet we retain primal feelings such as fear. Our mind is structured so that emotions can easily overcome logic. This combination means that fundamentally, we "see" with our subjective mind, not with our eyes.

When ruled by the mind's delusional construct—the ego—our mind interprets situations using value judgments ingrained in formative childhood years. Those perceptions ingrain separation from others. They can trap us in unconscious reactive patterns. Without realising it, we are then captive to others—under their control.

# 2. Reality-our loving real Self

Yet we sense something grander. When connected with Nature's majesty or when in love we break free of value judgments. Our lover can do no wrong. We see no need to argue. We experience the power of love. Wise elders, enlightened sages and famous poets throughout the ages confirm this.

We can be in touch with our real Self and our life force that we share universally with all life. In every civilisation, when facing challenges people ask 'what does your heart say'? In our heart we know our real Self.

The ego's fundamental need to maintain separation means we each can live separated from love and from our real Self. Love does not abandon us as the ego would have us believe. Our ego separates us from love.

The ego cleverly projects the cause as outside us and portrays love as abandoning us. We would never imagine we are doing this to ourself. The ego's need for existence maintains separation. This inhibits the connections that our heart desires.

The ego uses fear, guilt and anger to reinforce the separation it craves as essential to sustain itself. Sometimes that fear is sub-conscious. Sometimes it is subtle. Sometimes it is rampant. The result remains the same: misery.

That's why, for many people, it is not sufficient to attain material, social or other freedoms while continuing to make value judgments of others. These value judgments echo our thoughts of our self. What our mind 'sees' outside reflects what it sees within.

Instead, to be completely free, people seek freedom from ego, the return to our real Self and to love. We can always return to reality and love—if we consciously choose.

As we face the greatest moral challenge of our time, we are free to choose to return to love and our real Self or forsake it for the ego's false gratification of anger. We are free to choose love or ego—joy or misery. When we are conscious of that choice, regardless of our situation we are truly free. This is the ultimate and complete freedom.

# 3. The challenge we face

We all make mistakes. Reading on this page though of the mistakes and errors pushing an ideological agenda, people can understandably react with anger. When the extent of freedom's erosion is realised people understandably become agitated. Realising the betrayal of national governance by major political parties, some people react by feeling helpless and dispirited. Many feel loss from perceived theft of basic freedoms and rights.

Anger and hate are triggered and powered by value judgments and increase our separation. They bring misery and cloud the mind. For clarity of thought we need to cease the value judgments. We need to truly forgive.

Reading of the errors and mistakes listed on this page people have a choice: reactive anger and misery putting them under the control of others; or consciously choosing freedom, accountability and carefully considered effective action.

The seriousness of this situation in which our nation has been placed means that we cannot afford the waste of hatred, anger and emotional violence. Instead, have compassion for those who feel the need to lie to achieve their aims. Forgive: look beyond our judgmental interpretation of their actions to see people's reality, the essence they share with us all. By being in touch with our own essence we receive clearer and wiser guidance. We become

stronger and healthier to more effectively address issues to protect our freedom.

Regardless of the outcome, free from value judgments we are free within.

# 4. Forgiveness

Forgiveness is often misunderstood. It's commonly thought to be pardoning another person for the hurts and sins we perceive they committed against us. Used in this way it's really another word for blame. It entrenches separation. Prevents accountability. Prevents conscious choice. Thus, value judgments impair our assessment of situations.

Forgiveness is simply the absence of all value judgments that drive narrow perceptions that create and sustain separation and alienation.

The many layers and interpretations of forgiveness often hide what seems to be true forgiveness—the absence of value judgments about others. Freedom comes from looking beyond our perceptions of a person's behaviour—beyond labelling it as good or bad or evil or hatred—to see a person's essence that they share with us all.

We invite people to set aside value judgments by truly forgiving. Then, free from prejudices and our ego's tricks to separate and alienate, we can more clearly identify our unmet universal needs and identify how to meet those needs.

In this way we overcome value judgments that separate us from love, from each other and from our real Self. We return to love—and know we are loved.

# 5. What forgiveness is not

Forgiveness does not imply condoning violence, oppression or disrespect. It means firstly bringing clarity to our self by forgiving—by refraining from making value judgments of others. Freedom from value judgments enables real accountability to end violence, oppression, dishonesty or disrespect.

#### 6. Benefits

When freed from our alienating value judgments our mind and heart are free to use their talents to address the situation whether that be to protect our self or prevent recurrence or restore integrity or ...

True forgiveness brings stillness, clarity and connection with others and with our universal life force.

In this way, when we forgive others we forgive our self.

The choice is ours: anger and reaction to be under the control of others, or, freedom, effectiveness and love. Regardless of our situation we are always free to make that choice. Being free within enhances protecting material freedom.

# 7. Practical expressions of forgiveness

Every person is doing the best they can. They are meeting needs they perceive. Although we can see blatant lies, even those lying are doing so because they think they're doing what's necessary and optimal.

We all make mistakes. Yet the depth, breadth and nature of the corruption of science are startling. Nevertheless, ceasing value judgments leaves our mind clear to tackle the issue instead of wasting energy and clouding the mind in hate and anger.

# 8. Addressing the challenge-effectively

We can then address the greatest moral challenge of our time—the corruption of our democracy and politics. These are destroying national governance and are the greatest threat to our national sovereignty since world war two.

We can address the greatest threat to our global environment: the attempt to make carbon into currency because when the element upon which all living things are built has a commercial value without the responsibility of personal property rights, all ecosystems suddenly have a commercial value that makes them subject to manipulation and irresponsible exploitation for personal gain and control over others\*.

Italicised words from Canadian environmentalist, Lawrence Solomon.

We face imposition of artificial bureaucratic control mechanisms falsely camouflaged as 'Carbon Trading markets'. These enable bureaucratic control representing and hiding vested interests, particularly major international bankers.

Instead, we can ensure efficient use of resources with real market mechanisms driven by millions of independent, caring hearts and minds unshackled from bureaucratic control.

Accountability comes only through freedom of choice. Freedom and love comes only through forgiveness.

# 9. Core benefits to our Self

Forgive. If not for others, do it for our self. Everything of value that we give sincerely is automatically reflected as a gift to us. A smile brings joy to others—and to our self. Loving others—brings love to us. Freeing others from our own value judgments and labels—frees us from value judgments.

By forgiving others we forgive our self.

### **Take Action**

Considering the depth and extent of the misrepresentations from advocates of a tax on carbon dioxide, we suggest treating those advocates with empathy and compassion for their misrepresentations of science. They have deep unmet needs. We need to try to understand.

Then contact federal MP's. Ask them to consider the facts and vote against the tax on carbon dioxide, Nature's trace gas essential for life on Earth.

#### **More information:**

For more information, here are links to voluntary, non-religious organizations working to bring humanity freedom and peace. Each person's path is unique and thus we share these without endorsing or advocating any:

The Center for Nonviolent Communication: <a href="http://www.cnvc.org/">http://www.cnvc.org/</a>
Vespession Meditation: <a href="http://www.dhamma.org/">http://www.dhamma.org/</a>

Vespasian Meditation: <a href="http://www.dhamma.org/">http://www.dhamma.org/</a>

Foundation for Inner Peace: <a href="http://acim.org/">http://acim.org/</a>

Montessori Foundation: <a href="http://www.montessori.org/">http://www.montessori.org/</a> and

http://www.montessori.org/index.php?option=com\_content&view=catego

ry&id=7&Itemid=25

Associated or related people and groups:

http://nvcaustralia.com/?action=trainer&id=22 and

http://web.mac.com/bcdaniels/Metacommunicate/Welcome.html and

http://nvcaustralia.com/

and

Montessori Australia Council: <a href="http://montessori.edu.au/">http://montessori.edu.au/</a>

Montessori Foundation Australia: <a href="http://www.montessori.org.au/">http://www.montessori.org.au/</a>

And

http://www.heartmath.org/

http://www.hoffmanprocess.com.au/